



"Living Heart healthy"

Penn Presbyterian Medical Center in partnership with ESF presents:

- Free Blood Pressure Screenings
- Discuss Facts about Heart Healthy Eating
- Free Healthy Snacks
- Discuss Medication and Poly-Pharmacy Challenges
- Info session on Heart Disease and much more...

Date: 02/09/2012

Time: 10-12:00 pm

Location:

West Philadelphia Senior Community Center, 1016 N. 41st Street, Philadelphia, PA 19104-1292

Contact Persons:

- Helen Rayon, Health Coordinator, 215-386-0379, ext 7903
- Shonta D. Collins, ESF, 215-219-9588
- Jennifer Nelson, Penn Presbyterian Medical Center, 215-662-9600



Penn Medicine