

Having trouble viewing this email? [Click here](#)



ESF's mission:

"To build cultural connections one person and one community at a time through health and wellness"

October 2011 Newsletter

Dear Shonta,

At ESF, We Dream, We Believe, and WE DO!

Over the past few months, we have been hosting some great health and wellness fairs throughout the Philadelphia community. Last month, we co-hosted the Rhythm & Blues Festival along with the Partnership CDC. There was a great turnout and we are looking forward to our upcoming **Community Health Fair with the West Philadelphia Senior Center, October 9th from 10am-2pm**. We are still looking for volunteers; details are below!

NEWS FROM ABROAD: Our kids from Haiti started school last month and our urban garden initiative is thriving! Already a wide variety of produce has been picked and cooked to create delicious, healthy meals. Continue reading for pictures and more information!

Don't forget about our **Fall Fundraiser November 10th at Bistro Romano!** There will be a silent auction, live music, and lots of food and drinks. Spread the word!

Thanks for being a part of our journey!

Sincerely,

Explorers Sans Frontières (ESF)

ESF Fall Fundraiser

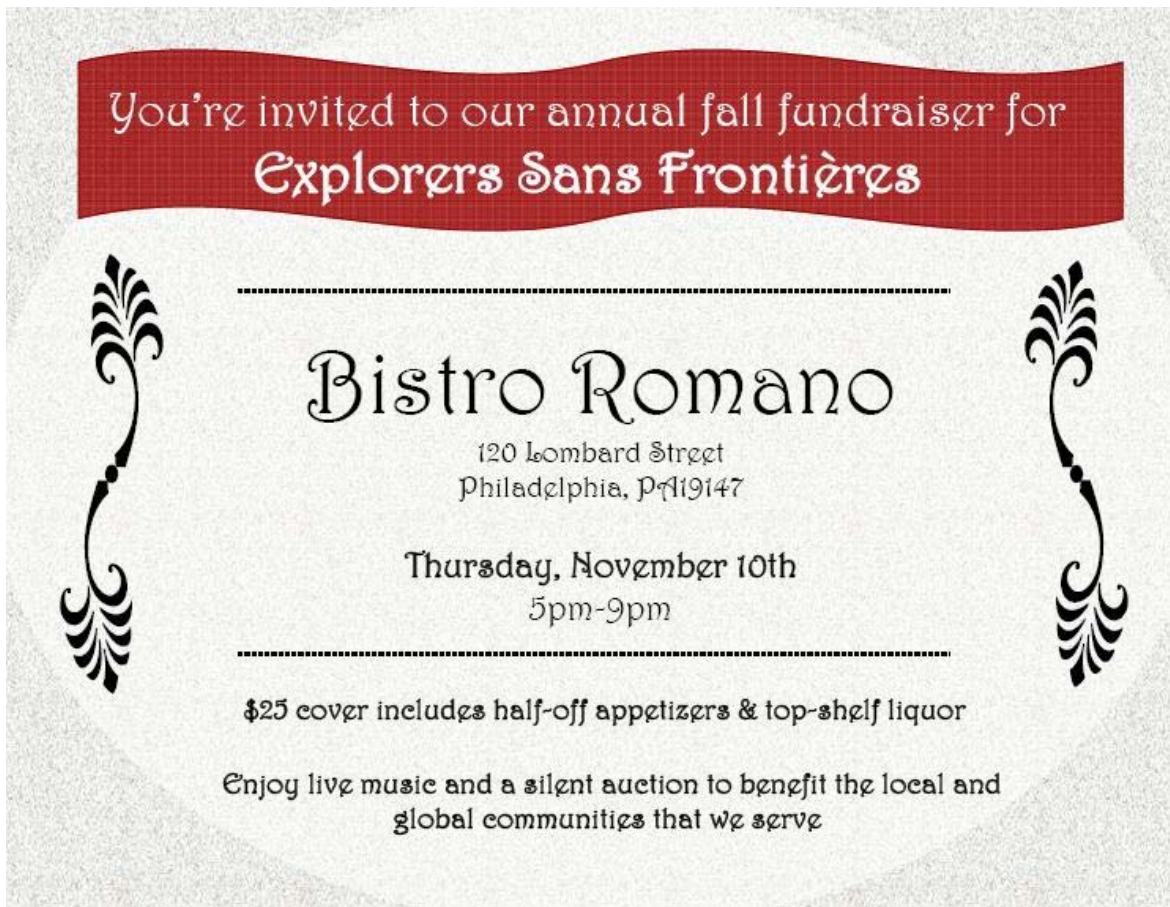
IN THIS ISSUE

[ESF Fall Fundraiser](#)

[Domestic Programs & News](#)

[International Programs & News](#)

[Volunteer Opportunities](#)



DOMESTIC PROGRAMS & NEWS

Elise Joseph Foundation - October 21st

ESF will be participating in the Annual Haitian Health & Job Fair hosted by the Elise Joseph Foundation Friday, October 21st from 5pm - 9pm at the Simons Recreation Center located at 7200 Woolston Street, Philadelphia, PA 19138.

Come support a wonderful cause that supports the Haitian community as it is often an underserved minority group with limited access to services.

For more information, go to www.elisejosephfoundation.org

Dreams for Mayan Children

An ESF friend is putting together a small drive to gather school supplies for "Dreams for Mayan Children", an organization whose mission is to provide children with:

- School materials
- Classroom supplies and materials for teaching
- School uniforms and shoes
- Nutritional meals

To make a contribution, please contact Ginger Kovac at gingerkovac@hotmail.com

INTERNATIONAL PROGRAMS & NEWS

Update on the ESF Urban Garden Initiative and AMURT School

Our Urban Garden in Haiti is thriving! Already we have okra, spinach, and sweet peppers that are fully grown, picked, and cooked in delicious meals.



The workers have already started work on a new plot of land to make it ready to be planted. One woman who lives next to the garden uses a section to plant some vegetables of her own because she can't buy them anywhere else.



We are doing great things for this community!

If you are interested in donating to this cause, please contact Lara Lechtenberg at lara.lechtenberg@gmail.com

We also want to send a special thanks to Chris Rathmann for his amazing generosity in supporting our ESF kids education! These are the students who were able to start school in Haiti this past month at Amurt. **Good luck this year Olson Pierre, Gela Damieux, and Adassa Lochard!**



VOLUNTEER OPPORTUNITIES

We still need many volunteers for this weekend's health fair!

West Philadelphia Senior Center - October 9th

ESF will co-host a community health fair at the West Philadelphia Senior Center October 9th from 10am-2pm located at 1016 N. 41st Street, Philadelphia, PA 19104.



To sign up to volunteer, please contact Kelly Quaye at kcquaye@gmail.com

Thanks for being a part of our journey! Also, you can give year-round through the **Giving Seed** www.thegivingseed.com or buy Fair Trade Coffee through **Dean's Bean Coffee** at www.explorerssf.org

Sincerely,
Explorers Sans Frontières (ESF)

[Forward email](#)



This email was sent to shontadcollins@aol.com by shontadcollins@aol.com | [Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Explorers Sans Frontières (ESF) | 2415 Almond Street | Philadelphia | PA | 19125

