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Explorers Sans Frontières (ESF)

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Camp Toto

Who are we?
ESF is a grassroots organization that collects volunteers from all walks of life and joins them to work on projects to create safer, cleaner and healthier communities in Philadelphia, New York, and Miami. Among many other programs, our focus is on ESF has been working to create of green spaces, farms, and urban gardens in areas of the city that lack them.

How We Are Doing It
We first start by creating and increasing access to fresh and nutritious food. We then work on projects to create safer, cleaner and healthier communities in Philadelphia, New York, and Miami. Among many other programs, our focus is on ESF has been working to create of green spaces, farms, and urban gardens in areas of the city that lack them.

ESF URBAN GARDEN FUNDRAISER
MAY 21st 10-5pm
Class Park 44th & Baltimore
For organization info contact: info@explorersSF.org
For all other questions, please contact: info@explorersSF.org

Contact Us

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ESF's mission is to, "build cultural connections one person and one community at a time."

Greetings-

At ESF, We dream, We believe, and We DO!

From March 14-18, 2011, Team Haiti's Group F had a very successful mission in Port Au Prince and Croix des Bouquets! During Group F's time in Haiti, they managed to evaluate and coordinate care for approximately 600+ patients. The team comprised of local and regional leaders that included two clinicians along with three medical students from Philadelphia College of Osteopathic Medicine.

Team members included Dr. Kelly Eberhardt, RN Amy Joe Baldi, April Elder, Matthew Stensland, and David Peirre. The ESF staff in Haiti included Ysmaille Jean Baptiste, Berman Alexis, Carol Mompremier, Gabriel Fedelus, Josue Marseille, Anderson Pierre, Roosevelt Ocean, RN Marie Joseph Dosso, and Dr. Marcel Dosso.

The team cared for over 600 children and adults in and around Port Au Prince. ESF partnered with Yele Haiti, Life is Good in Haiti, AMURT, and Haitian American Caucus (HAC). Housing at HAC allowed them to collaborate with other volunteers who worked in Haiti. ESF in partnership with US based donors and partners were able to distribute medication, vitamins, clothes, toiletries, toys, and other important hygienic supplies. Group F provided a high standard of care, positivity, commitment, and the utmost respect to the Haitian population they were blessed to work with.



For more pictures of Group F's trip to Haiti, visit:
<http://esfteamhaititeamgroupf.shutterfly.com/>

A sincere thanks goes out to everyone who made this possible and provided the financial support to afford this team the growth opportunity to build strong connections and trusting relationships in the Haitian community, both locally and abroad.

Sincerely,
ESF Team Locally and Abroad

New ESF Board Member

ESF is excited to welcome a new Board Member, Alex Agosti! Alex is the Interim Chief Operating Officer at the American Red Cross Southeastern Pennsylvania Chapter. He has played a vital role in developing the award-winning regional Voluntary Organizations Active in Disaster program which has quadrupled the number of disaster volunteers. Alex is also a member of the elite American Red Cross International Disaster Response Team training in Haiti and on call for response to large-scale disasters around the world.

We are very excited to bring him on board and know he will be a wonderful advocate for our many causes!

Domestic Programs

Shonta D. Collins spoke at Columbia University, April 11, 2011



Shonta D. Collins was one of a few panelists brought together to discuss the status of the Haiti relief efforts. There was a positive response as they talked about such issues as peacekeeping, health, and gender-based violence. Other speakers included Patrick Hein (UN DPKO Political Affairs Officer), a representative from UN Women, and a representative from Columbia University's Earth Institute.

Spring into Health Community Day, April 30, 2011

ESF, in partnership with SCI-West, The Partnership CDC,

Primerica, and Penn Medicine presented, "Physical and Financial Health." This 3rd annual Spring Into Health Community Day was coordinated by Lara Lechtenberg and Charles Williams from the ESF Team. The event was postponed, due to inclement weather, to April 30, 2011 from 12-4 pm in Saunders Park. This event offered free health and wellness screenings including medical/dental, blood pressure, cholesterol, and much more. We also hosted financial workshops for the attendees and other activities for the kids. Furthermore, there was much fun to be had with free food, fruit, drinks, entertainment, and prizes!

Dog Wash for Haiti, April 30, 2011 and May 22, 2011

We had a fun event raising money for Haiti, Saturday April 30th from 10am-3pm at The Groove Hound, 2236 Frankford Ave and will have another dog wash Saturday May 22nd from 12pm-4pm at the Piazza in Northern Liberties. Bring your pooch and let us do the dirty work! There is a suggested donation of \$15 for this event. Many thanks to ESF volunteer Jen Leary for making this event possible. It's a great opportunity to get the whole family together in support of Haiti. Visit ESF online to view the flyer for the upcoming May event!

Rittenhouse Flower Market, May 4 & 5, 2011

ESF has been selected to participate in the annual Rittenhouse Flower Market on May 4th and 5th from 9am in in Center City, Philadelphia. We will be hosting a table and selling flowers to brighten up the community and raise funds for our organization.

Come visit our table and buy some beautiful flowers for your home!

Save Summer Jobs, May 19, 2011

WorkReady Philadelphia will be contending massive cuts in federal funding this year. In order to sustain as many youth employment opportunities as possible, they have launched a Save Summer Jobs campaign, to call attention to the fact that thousands of summer jobs will be lost this year. A key part of their campaign, is the Youth Networking Fundraiser Event which will be held Thursday May 19, 2011 from 5:30pm-7:30pm at Two Liberty Place, 57th Floor, 50 S. 16th Street. This event is sponsored by R2L and Ernst & Young. ESF has also volunteered to sell tickets to this event for \$75. Contact Sheila Ballen at 267-502-3787 for more information.

Honors, Awards and Recognition of ESF Volunteers

Exceptional Volunteer Donates to Haiti Relief

Bonnie Crosfield has been supporting ESF since the 2010 earthquake in Haiti. She is the first person you will meet at the University of Pennsylvania Museum of Archaeology and Anthropology and is using her extensive knowledge to make a difference in her global community.



Bonnie donated pill bottles, eye glasses, crocheted poncho's made by her daughter, and \$100 for ESF to transport the items to Haiti. She is the type of person who leads by example. Thank you Bonnie for making a difference in people's lives!

You can make a difference too! Contact ESF about your ideas and we will try to match your gift with a recipient. Every dollar counts and goes a long way!

Crystal Taylor Receives Multiculturalism Award

ESF Director of Mental Health and Wellness received the Student Multiculturalism Award from the Pennsylvania Psychological Association. This award is given to students who are attending school for psychology and have produced distinguished psychology related work on issues surrounding multiculturalism, diversity, advocacy, and/or social justice. Crystal Taylor has decided to give her \$500 award to ESF for their continued work to make a positive impact on issues related to diverse populations.

International Programs

ESF Urban Garden for Haiti

Due to the poor soil quality and long periods of dry weather, Haiti's only sustainable method of planting is to use refuse tires as containers to plant vegetables and fruits. The rubber holds in moisture and the dark and moist environment encourages the growth of earth worms and healthy microorganisms required for healthy soil.

ESF is already collecting manure and greens from sugar cane to begin the composting process, but the next step is rain water collection and irrigation. ESF is currently collecting discarded garden hoses and using barrels to store rain water.

In June, our volunteers will implement an irrigation system using the collected hose and rainwater to maintain the crops. Please help us by contributing to our fundraising efforts. Your donations will enable us to buy the supplies we need to support local Haitian farmers and workers while we build our dream garden.

For more information, go to our website to view the ESF Urban Garden Flyer.

Haiti

Be sure to view this amazing video made by Chris Rathmann, ESF Volunteer, http://www.youtube.com/watch?v=JM_N24-R0pc.

Medical and Disaster Relief Programs

ESF Team Haiti-Group G to be deployed June 9-15, 2011

ESF's 8th team will be led by Jen Leary, local Philadelphia Firefighter, and Shonta D. Collins. The team will partner with Yele Haiti (long-term partner), Haitian American Caucus (HAC), and Special Olympics. ESF will support both public health education and medical evaluations along with initiating an urban gardening program with HAC and PROVIDE. This will also be the first time ESF will work out of the new health and wellness center. We are always accepting financial donations but need certain antibiotics and hygiene products. Thank you again for your support.

New ESF Interns



We would also like to introduce our new interns from Drexel's Masters of Public Health program: Faisal Yayah, Jen Horner, and Christina Roberts. They will devise and create programs within their specialty and develop different components to increase the success of ESF's missions abroad. We look forward to seeing the positive impact they will make on our local and global communities!

Thanks for being part of our journey and be sure to visit us online for more details about these upcoming or past events. Also, you can give year-round through the Giving Seed www.TheGivingSeed.com or buy Trade Free Coffee through Dean's Bean Coffee at www.ExplorersSF.org.

Sincerely yours,
Explorers Sans Frontières (ESF)