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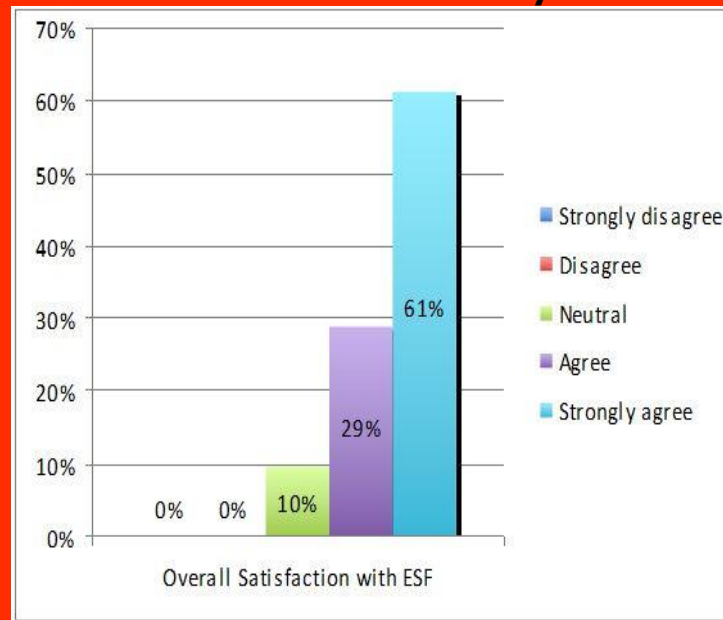
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## Explorers Sans Frontières (ESF)

### ESF Volunteer Survey



ESF's mission is to, "**build cultural connections one person and one community at a time.**"

*Greetings-*

**At ESF, We dream, We believe, and We DO!**

During the month of February, ESF conducted their first volunteer satisfaction survey. The survey was sent to 102 volunteers, of which a statistically significant 34 responded. 61% were very satisfied with their ESF experience and 71% said they would recommend ESF to their

Spring into Health Community Day  
Physical and Financial Fitness

**Penn Medicine**

**EXPLORERS SANS FRONTIÈRES**

**\*April 16, 2011  
12-4 pm at Saunders  
Park\***  
Across from the  
Emergency Department  
at  
Penn Presbyterian  
Medical Center  
W. Philadelphia  
(38-39<sup>th</sup> and Powelton  
Ave, near Lancaster  
Ave.).

**\*Rain Date April 30\***

ESF in partnership with SCI-West, the Partnership CDC, Primerica, and Penn Medicine and other community organizations will host this event, which will include:

- FREE Medical and Dental Screenings
- FREE Financial Wellness Workshops hosted by the Partnership CDC and Primerica
- Information on Heart Disease, Infection Control, Nutrition, Physical Fitness, Stress Relief, Smoking Cessation, Diabetes, Mental Health, Medication Consultations, and much more
- CPR and 1<sup>st</sup> Aid education
- Social and Referral Services
- FREE 1<sup>st</sup> Aid Kits for the first 150 guests
- FREE HIV Testing for all ages
- FREE giveaway goodie-bags, healthy food, cultural performances, entertainment for kids
- FREE kids' soccer clinics by US Soccer Foundation — part of Michelle Obama's Let's Move! initiative
- The event is FREE for children, adults and seniors.

For more information regarding the event, please contact the ESF Volunteer Coordinator at 215-850-4743. [info@ExplorersSF.org](mailto:info@ExplorersSF.org) or visit [www.ExplorersSF.org](http://www.ExplorersSF.org)



SCI WEST

PRIMERICA

US SOCCER FOUNDATION  
PASSBACKS



## Contact Us

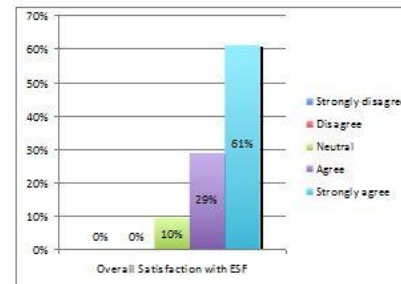
2415 Almond Street  
Philadelphia, Pennsylvania 19125  
215-850-4743  
[www.ExplorersSF.org](http://www.ExplorersSF.org)  
[info@explorersSF.org](mailto:info@explorersSF.org)

friend. These results reflect very positively on the organization and display the volunteers' strong overall satisfaction with ESF and their willingness to invite others to take part in the organizations missions and projects.

### ESF's First Volunteer Survey

The following data is from the first ESF volunteer survey. Thank you to the 34 of you who took the time to complete the survey. The 34 participants represent a statistical response rate of over 30%. Some of the most important results from the data are shown below.

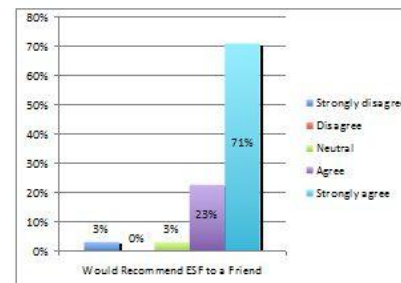
Question: I am very satisfied with my ESF experience



90% (n=31) of the ESF volunteers replied that they are satisfied with ESF as an organization. No one who responded expressed dissatisfaction with the organization.

One key measure of satisfaction is whether you would recommend an organization to a friend.

Question: I would recommend ESF to a friend.



Results showed that 94% (n=32) of the volunteers would recommend ESF to a friend, whereas only 3% responded that they would not recommend ESF.

These results reflect very positively on the organization and display the volunteer's strong overall satisfaction with ESF and their willingness to invite others to take part in the organizations missions and projects. The full survey results are available here. [www.explorerssf.org](http://www.explorerssf.org)

Now that we have our base line results, we will continue to survey the volunteers on an annual basis. The results are of great importance to us as we complete our first strategic plan.

Sincerely,  
ESF Team Locally and Abroad

## Domestic Programs

**Shonta D. Collins to speak at Columbia University, April 11, 2011**

Shonta D. Collins has been asked, along with other experts from Non-Governmental Organizations (NGO), to speak on a panel discussing the ongoing collaborations with Haiti in the wake of last

year's tragic earthquake. Specific discussion topics will include peacekeeping, health, and gender-based violence. Other speakers will include Patrick Hein (UN DPKO Political Affairs Officer), a representative from UN Women, and a representative from Columbia University's Earth Institute.

*This is a wonderful opportunity for ESF to gain momentum in efforts to provide aid and assistance to Haiti!*

### **Spring into Health Community Day, April 16, 2011**

ESF, in partnership with SCI-West, The Partnership CDC, Primerica, Penn Medicine, and Michelle Obama's Obesity Initiative, U.S. Soccer Foundation presents, "**Physical and Financial Health**." This 3rd annual Spring Into Health Community Day is coordinated by Lara Lechtenberg. The event on April 16, 2011 from 12-4 pm will offer free health and wellness screenings including dental, blood pressure, cholesterol, and much more. We will also be hosting financial workshops for attendees and a soccer clinic for the kids. Furthermore, there will be free food, fruit, drinks, entertainment, and prizes!

*Visit ESF online to view the latest flyer and learn about opportunities to sponsor this terrific event!*

### **Dog Wash for Haiti, April 30, 2011**

Join us for a fun event as we raise money for Haiti, Saturday from 10am-3pm at The Groove Hound, 2236 Frankford Ave. Bring your pooch and let us do the dirty work! There is a suggested donation of \$15 for this event. Many thanks to ESF volunteer Jen Leary for making this event possible. It's a great opportunity to get the whole family together in support of Haiti. Visit ESF online to view the flyer for this event and the next dog wash in May!

### **Save Summer Jobs, May 19, 2011**

WorkReady Philadelphia will be contending massive cuts in federal funding this year. In order to sustain as many youth employment opportunities as possible, they have launched a [Save Summer Jobs campaign](#), to call attention to the fact that thousands of summer jobs will be lost this year. A key part of their campaign, is the Youth Networking Fundraiser Gala which will be held Thursday May 19, 2011 from 5:30pm-7:30pm which will be held at Two Liberty Place, 57<sup>th</sup> Floor, 50 S. 16<sup>th</sup> Street. This gala is sponsored by R2L and Ernst & Young. ESF has also volunteered to sell tickets to this event for \$75. Contact Sheila Ballen at 267-502-3787 for more information.

## **Honors, Awards and Recognition of ESF Volunteers**

### **International Peace and Humanitarian Award**

Our very own volunteer, **Dr. Kelly Eberhardt**, will be receiving the International Peace and Humanitarian Award from Grow to

Strength, Inc at the International Peace and Humanitarian Recognition Gala for her work with ESF and the mission to Haiti. The event which was scheduled for April 9th, 2011 will be postponed to November 18th, 2011. This is an extremely prestigious award as it focuses on recognizing people who have made a positive impact on the world. Thank you Dr. Eberhardt for your continuous support in the community and dedication to providing disaster medical relief to underserved countries!

### **ESF Local Outreach**

#### **St. Joseph's University**

**Ben Guillaume** and **Shonta D. Collins** successfully spoke at St. Joseph's University to the students of Dr. Eileen Sullivan in the Health and Society Department at SJU. They discussed the importance of humanitarian efforts in local and global communities as well as the value of accepting leadership roles to better serve the world.

#### **Temple University**

**Ben** and **Shonta** spoke with Temple University's Nursing School student body to address their interests in critical care and global health nursing. They discussed ESF's trips to Haiti to perform medical disaster relief, the impact of nurses in communities/countries in need, and the demands of critical care nursing.

## **International Programs**

### **Braille Books for Senegal**

ESF has had a longstanding relationship with the National Institute for the Education and Formation of Young Blind People (INEFJA) in Thies, Senegal. Over the years, ESF has also partnered with Philly's own Overbrook School for the Blind and the National Resource Center for Blind Musicians' summer music program to educate ESF Senegal volunteers about the vision-impaired community and provide a helping hand whenever possible. This relationship led to a fortuitous connection with David Goldstein, a long-time friend of ESF who works at the National Resource Center for Blind Musicians in Connecticut, and who had an attic full of Braille books he wished to donate to the upper-level English classes in Senegal.

On Saturday, April 2nd, **Lara Lechtenberg** woke up at 4am to take a train to Stamford, CT, where she picked up a UHAUL and drove to Bridgeport to meet David. Between his apartment and his parents' house in Stamford, Lara and David were able to pack and ship 10 boxes of Braille books to Senegal and 10 to another school in Sri Lanka. Because the post office was closing, Lara brought another 10 boxes of books back to Philly to ship to Senegal as soon as possible.



It was a very successful trip, and English professor Souleyman Gueye is anxiously anticipating the arrival of these books for the English classes and Conversation Club at INEFJA!. A million thanks to David and his parents for their generous donation and helping coordinate this trip!

### Haiti

Be sure to view this amazing video made by Chris Rathmann, ESF Volunteer, [http://www.youtube.com/watch?v=JM\\_N24-R0pc](http://www.youtube.com/watch?v=JM_N24-R0pc).

## Medical and Disaster Relief Programs

### ESF Opens New Health and Wellness Center in Haiti



ESF Team Haiti has the pleasure of working with the new Global Health and Wellness Clinic in Haiti. The facility will host ESF volunteer teams every three months and partner with members of the Haitian community to ensure the maximum benefit from our continued presence. The centers redesign was lead by ESF staff **Ysmaille Jean Baptiste, Roosevelt Ocean** and **Anderson Pierre**. Thanks everyone and we look forward to many great memories with you in Haiti.

### ESF Team Haiti-Group G to be deployed June 9-15, 2011

ESF's 8th team will be led by Jen Leary, local Philadelphia

Firefighter and Shonta D. Collins. The team will partner with Yele Haiti, long-term partner, Haitian American Caucus (HAC), and Special Olympics. ESF will support both public health education and medical evaluations along with initiating an urban gardening program with HAC and PROVIDE. This will also be the first time ESF will work out of the new health and wellness center. We are always accepting financial donations but need certain antibiotics and hygiene products. Thank you again for your support.

### New ESF Members



We would also like to introduce our new "trio" consisting of **Christopher Prieur**, **Karina Ambartsoumian**, and **Michele Bongiorni**. They will be assisting in the day-to-day administrative needs, marketing and special events, and online web programs. ESF is excited to bring these talented professionals on board!

Thanks for being part of our journey and be sure to visit us online for more details about these upcoming or past events. Also, you can give year-round through the **Giving Seed** [www.TheGivingSeed.com](http://www.TheGivingSeed.com) or buy Trade Free Coffee through **Dean's Bean Coffee** at [www.ExplorersSF.org](http://www.ExplorersSF.org).

Sincerely yours,  
*Explorers Sans Frontières (ESF)*