



"Living Heart healthy"

Penn Presbyterian Medical Center in
partnership with ESF presents:

- Free Blood Pressure Screenings
- Falls and Trauma Prevention for Seniors
- Heart Healthy Eating
- Free Healthy Snacks
- Info session on Heart Disease and much more...

Date: 02/10/2011

Time: 11-1:00 pm

Location:

West Philadelphia Senior Community
Center, 1016 N. 41st Street,
Philadelphia, PA 19104-1292

Contact Persons:

- Helen Rayon, Health Coordinator, 215-386-0379, ext 7903
- Shonta D. Collins, ESF, 215-219-9588
- Deserie Zanghi, Penn Presbyterian Medical Center, 215-662-9600



Penn Medicine